



### Fruits

Choose from a variety of fruits to start your morning off right.

### Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.

## Milk and Juice

You can choose white or chocolate milk and a variety of fruit juices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		PANCAKES	OMELET	SCRAMBLED EGG
		HOT CEREAL	SLICED BACON	
6	7	8	9	NO
FRENCH TOAST	BREAKFAST	BREAKFAST	BLUEBERRY	SCHOOL
	BURRITO	CROISSANT	MUFFIN	
			16	
13	14	15	16 WAFFLE	17
SCRAMBLED EGG	BREAKFAST	BISCUIT	STICKS	BREAKFAST
HASHBROWNS	PARFAIT	SANDWICH	BIICKB	QUESADILLA
		HOT CEREAL		
20	21	22	23	24
HARD BOILED	BREAKFAST	BREAKFAST	FRENCH TOAST	SAUSAGE
EGG	QUICHE	ENCHILADA	STICKS	PANCAKE
HASHBROWNS				
SAUSAGE PATTY				
	$\bigcirc$		-	





# Long Month Market Marke

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONGRATULATIONS GRADUATES		1 Steakfingers Or Fish Nuggets Tater Tots Green Beans Wheat Roll	2 Chicken Quesadilla Or Beef, Black Beans and Corn Taco Seasoned Pinto Beans	3 Grilled Chicken Sandwich Sw. Potato Waffle Fries Peas and Carrots
6 Salisbury Steak Or Meatballs Baked Potato Seasoned Broccoli Texas Toast	7 Sliced Pizza Seasoned Corn Sliced Jicama	8 Chicken Fettucine Carbonara Or Honey Mustard Chicken Buttered Noodles Green Beans Breadstick	9 Patty Melt Or French Fries Cal. Vegetable Blend	10 NO SCHOOL
13 Steakfingers Or Salsa Chicken Au Gratin Potatoes Capri Blend Vegetables Wheat Roll	14 Pork Posole Tamale Or Bean Burrito Mexicali Corn	15 Sloppy Joe Or Meatball Sub Sw. Potato Waffle Fries Seasoned Broccoli	16 Korean Beef Bowl Or Mexican Shredded Pork Seasoned Cauliflower Breadstick	17 Grilled Cheese Sandwich Tomato Basil Soup
20 Fried Chicken Or Baked Chicken Pasta w/Fresh Tomato Sauce Steamed Carrots Wheat Roll	21 Beef or Chicken Taco Seasoned Pinto Beans Salsa	22 Roast Beef Wrap Or Club Sandwich Sw. Potato Waffle Fries	23 Beef or Chicken Fajitas Refried Beans Spanish Rice	24 Bear Burger Or Hot Dog Baked Beans Potato Salad Chips



There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.



## Dinner Menzi

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Chicken Strips Mashed Potatoes/Gravy Mixed Vegetables Texas Toast	2 BBQ Pork Ribs Steak Fries
6 Fried Chicken Mashed Potato/Gravy Seasoned Peas Wheat Roll	7 Frito Pie Calico Corn	8 Corn Dog Waffle Fries Steamed Carrots	9 STUDENTS TRAVEL
13 BLT Sandwich Tater Tots Baked Beans	14 Chicken Nuggets Coleslaw Potato Chips Texas Toast	15 Chicken Cordon Bleu Casserole Green Beans Wheat Roll	16 Bear Burger Steak Fries Sliced Cucumber
20 Sausage Red Beans Rice	21 Pizza Seasoned Green Beans	22 Steakfingers Mashed Potatoes/Gravy Capri Blend Vegetables	23 Tamale Taquitos Spanish Rice Sliced Jicama
Celebrate	CON	<b>GRATULAT</b>	ÍONS

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

